



# Scandinavian News

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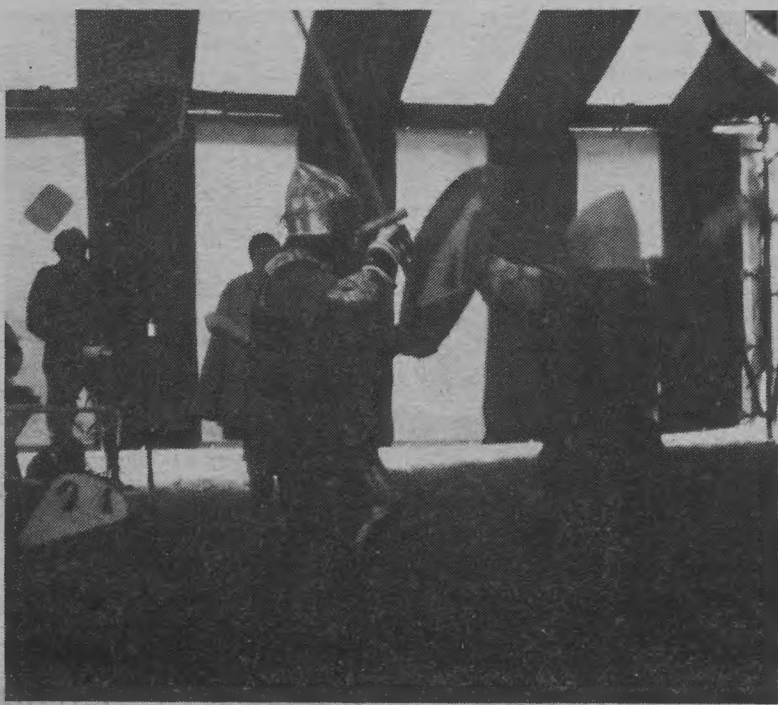
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DECEMBER 85

## Merry Christmas to All



Vikings battle in full armour

By Astrid Hope

1985-1986 is a year of Jubilee for Camrose Lutheran College. It was in 1910 that two groups of Norwegian Lutheran settlers—the United Norwegian Lutheran Church and the Hauge Synod—founded the College. Members of these groups were immigrants from the United States who had been raised in the tradition of Lutheran schools and decided it a necessity to have a church-owned school for their youth. Developments grew rapidly with fund-raising and donations from local congregations finally enabling a start, operating out of the Heatherbrae Building.

The new College has grown considerably since those early days. Enrollment has increased from 70 to over 700 students. Most of the students—about 460—live in one of the 9 residences. In the near future the College hopes to offer baccalaureate degrees in the Arts and Sciences.

There are events this year and next scheduled for the public to help celebrate this outstanding campus.

As early as May 25th, celebrations began when a Viking ship replica was launched on Mirror Lake in Camrose. (Already described in the August edition).

On September 21st, a Heritage Festival was held as another College celebration.

The weather was far from being conducive to such an elaborate function. It was windy! and rainy! and cold! At

### CAMROSE LUTHERAN COLLEGE CELEBRATES 75th

9:30 a.m. the opening ceremonies consisted of a parade of groups in costume, marching to the flagpole. The flag presentation was performed by Arnold Malone, M.P.

There were 18 exhibitors, tents full of ethnic displays, entertainment, demonstrations of weaving, quilting, spinning, carving, pottery and also one for Medieval Europe.

Some members of Solglyt Lodge helped Camrose with Norwegian displays and entertainment. Harry Huser displayed chip-carving items and also demonstrated the craft; Astrid Hope was there with crafts, along with Anne

Heggen and Amelia Sandbo, Camrose, who made many of the arrangements for the Festival. Other Scandinavian groups participating were Danish, Finnish and Icelandic. Pentti Sipari and Kaare Lindboe were the Vikings in action for the Scandinavian pavilions. Other groups with displays were Asian, Dutch, German, North American Indian, Ukrainian, Swiss and others. Lefse and sausage and coffee were served in the Scandinavian pavilion.

The Scandinavian Folk Dancers performed for ½ hour, and later in the afternoon the Fantatuleen Society Dancers from Red Deer enter-

tained. Other entertainers were the Indian Saddleback Hoop Dancers, East-Indian Dancers, Filipino, Canadian old-time folk music, Caribbean and many others. The Tungland children, Sarah, Ben and Erik, sang Norwegian tunes, "Ohan Ola", "Kjare Gud Fader", and "Naar Natene Blir Lange". Roar Tungland is a past president of The Nordic Society, Edmonton.

The Society for Creative Anachronism sponsored contests of Medieval flavour including the following categories: Norse/Celtic calligraphy, Viking costumes, Continued on Page 3

### Julekveldsvise (Christmas Eve Ballad)

Now we have washed the floors and the firewood is in place,  
the birds have got their sheaf of grain, our tree is trimmed so nice.  
Now we'll sit down a little while so we can catch our breath  
and I will rock the crib so your brother gets some rest.

Come, sit down by the window and take a look with me,  
we'll try to find the Christmas star, wherever it might be.  
The brightest of them all, strong and clear it comfort gives,  
you'll see it up above the house where midwife-Matja lives.

The star is such a good one, it's blinking, do you see?  
And now I'll tell a story, so listen well to me:  
The first time it was shining, it made a golden bridge  
from heaven down to earth and a stable and a crib.

A little boy was in the crib, a cuddly, heathly child.  
His mom was caring for him, his dad stood there and smiled,  
and shepherds in the neighbourhood were also full of glee.  
They brought some newborn baby for the little boy to see.

And even three wise men were riding on, day by day,  
though none of them knew where, for they didn't know the way.  
The only one to lead them was the shining star above  
that twinkled on the firmament to show them where to go.

So this was the first time that the Christmas star was seen,  
and now all nations of the world know what its twinkling means.  
Whatever happens to us it blinks and guidance gives,  
you'll see it up above the house where midwife-Matja lives.



NORSKE JULETRE



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SOLGLYT  
SPOTLIGHT

By Bob Burt

A combined executive and general meeting was held at McKay House Oct. 7th, but due to poor weather conditions, it was poorly attended.

An Executive meeting was held on Nov. 4th at the house of Mr. and Mrs. Asbjorn Waldmo and this was well attended. At this meeting it was stated that Sig Sorenson has been appointed the Edmonton Area Insurance Representative for Sons of Norway. It was passed that membership dues will increase from \$15 to \$18.00 effective January, 1986.

Next meeting of the Executive will be held Dec. 2nd at the home of Norman Legaarden.

There was a workshop on Scandinavian Folk Dancing at Red Deer Oct. 18-20th with Gordon Tracie. Members of the Folk Dance Club entertained at Millet at their Oktoberfest Oct. 12th at the Legion Hall. The group will dance at the Provincial Museum Dec. 8th at 2 p.m.; also entertaining will be the Freeloaders and a Cultural Display will be presented by Astrid Hope. Folk Dance classes are held each Thursday 7:30 p.m. at McKay House.

The Sons of Norway Children's Christmas Party will be held Dec. 15th at Augustana Lutheran Church 9907 - 107 Street. A program will commence at 2:30 p.m. Names of those attending must be submitted to Kieth Lillevolden. There will be a potluck lunch and those attending are asked to bring sandwiches, cakes or treats.

The  
"Freeloaders"

Doreen and Del Melsness arrived in Edmonton to await the birth of another grandchild, Sonja Marie Osberg, born July 31st, a sister to Keith - parents Darlene and Roger Osberg.

While in Edmonton, Del made the rounds with the "Freeloaders" performing a variety of entertainment. They performed at Heritage Days, August 4 and 5th: members participating were Del Melsness, Wally Broen, Harry Huser, and Gary Johnson. On August 12th, they answered the request to return of residents of Lynwood Extended Care Centre to perform for them. It was a fun evening for them with Wally, Harry and Del representing the group. The following evening, they entertained at Good Samaritan Auxiliary Hospital, where the requests came rolling in.

On July 29th, the "Freeloaders" had a get-together and practise at Wally Broen's.

Ken Domier was our representative at the S/N Foundation Conference held at Vancouver recently. He learned that there is to be a \$500.00 Scholarship allotted for Norwegian Classes or courses. For further information contact Ken Domier.

The regular meeting of S/N for November was held Nov. 30th at the Captain's Cabin. At this meeting the selection of Officers for Solglyt Lodge #143 for the coming year was held. A wine and cheese lunch was served; as well the usual BINGO game for members and their families was held.

The New Executive will be sworn into office January 18th at the Saxony Inn at the LuteFiske Supper and social evening. Members are urged to attend this annual function; while there is a charge it will be worth it.

Torske Klubben is sponsoring a Casino January 3rd and 4th at 112 St. and Jasper Ave. Profits to go towards the Language Camp.

The Annual Cross-Country Ski Race, "The Birkebeiner" will be run Feb. 8th, commencing at Westridge Lodge, north of Devon, and finishing in Edmonton. Torske Klubben has sponsored the trophies for the race as well as individual awards. For further information contact Kaare Askildt, 435-7711.

CAMP NORWAY

By Linda-Marie Nyhus

Summertime, wonderful summertime, when we can enjoy doing all of our favorite things. I love travelling and was given a chance to attend a school in Norway for a month this summer. I went to Camp Norway, which is set in the breathtaking Nord Fjord area.

Camp Norway is a camp for people between the ages of 16 and 22 and is set up through the Sons of Norway Heritage Program in Minneapolis, Minnesota.

After travelling in Norway for two weeks on my own, I met up with the rest of the group in Oslo, this consisted of about 30 Americans, whose homes ranged from New York to Seattle to L.A. I was the only Canadian present at Camp Norway this year which was quite an honour!

The 12 rinks of Sons of Norway Curling League play at The Balmoral Curling Club each Friday evening, and practise for the Winter Games. The Bowling League has decreased by 2 teams: they play Tuesday evenings at Windsor Bowl. Players are needed to enter the Winter Games event.

Bowling, Curling, Skiing and Whist will be contested at the annual Sons of Norway "WINTER GAMES" this year to be held at Grande Prairie Feb. 21 to 23rd. Buses will be arranged for members to attend the event. If you wish to enter, or just go as a spectator, you must notify Sports Director Sevrin Berge. This is one event that is fun, competitive, and you can meet old friends from lodges all over Alberta and Saskatchewan. The Lodge needs your support in all events.

Solglyt Lodge Sons of Norway is represented at the Heritage Society by Ken Domier and Kris Nyhus on the Board of Directors, while Keith Lillevolden, A. Janette Burt and Anny Marie Woldmo are voting members representing the Lodge.

Born to Einar and Jeanne Viddal Aug. 27th, a son, Christian Olaf. He already has two sisters and a brother: all are doing fine.

On an early trek to the Hawaiian Islands - Norman and Johanna Nilsen, Stan and Louise Johnson, John and Pat Stensland, Sig and Selma Sorenson and Kris and Bernice Nyhus from Nov. 10 to 24th - to enjoy life in the sun.

Continued on Page 12

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75th Celebration continued

Viking jewellery, most authentic Viking armor, poetry and Norse table songs. Ken Burt of Solglyt Lodge won for his Viking costume. Battles in full armor were displayed.

To climax the day a gigantic Smorgasbord was held at the College. More than 1,400 people were served with such traditional foods as lutefisk, frikadeller, lefse, rommgrot and komle to name a few. For

dessert sotsuppe, krumkaker, rosettes and Blotkakker were served with coffee.

Following the dinner, Jim Nelson, Scandinavian Professor at Camrose Lutheran College and professional folksinger, entertained accompanied by his guitar, accordion and flute, including his rendition of his Uncle Ole. A fireworks display finalized the hugely successful Festival.

Astrid Hope, Anne Heggen, Amalia Sandbo and Harry Huser with Norwegian crafts display



Harry Huser at woodcarving exhibition and competition



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lemon

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is at its best in  
this drink.





# DANISH CANADIAN FRIENDSHIP CLUB

## From the New President's Pen:

Here we are into another season for the Danish Canadian Friendship Club, and I thank you for giving me the opportunity of serving you as president. We have an excellent slate of enthusiastic people to serve you — three members from the previous executive — Birthe Krogh, Treasurer; Birgit Langhammer, Secretary and Kai Lynge, Past President.

We welcome newcomers Paul Holdegard, Vice President; Board Members Birgit Widenhoff, Lene Stewart and Ove Seidel. We will all try to do the best job possible, and with your assistance we hope this will be a most successful year.

And we take this opportunity to thank the four leaving executives who all have been with the club since it was started back in 1983. Without them we would not have come so far.

Thank you very much for a job well done to Tove Hansen, Lene Holgersen, Helge Krogh and Ole Hansen.

But it is you — the members — with your attendance at the various functions who will give us the necessary incentive to carry on. Do not hesitate to come forth with your suggestions and ideas.

Our first function will be the CHRISTMAS GATHERING on December 8, at Zion Church Hall — 11533 - 135 Street — from 1 p.m. to 5 p.m. We will have aebleskiver and glogg available for you. \$2.00 for all you can eat and drink. Admission is free. For the children we will have cookie making, along with instructions on the making of Danish Christmas decorations. Of course there will be a fully decorated

Christmas tree the Danish way. Bring your family and friends for a cosy afternoon.

Next, on January 22, at 7:30 p.m. we hope to see you all at Ansgar Villa 10170 - 120 Street (12th floor), for the dedication of the porcelain plate painted by Tove Hansen. After that we will have a social evening of singing, coffee and Kringle.

Now I won't provide any details of the remainder of our plans until the subsequent newsletter — which will include DANISH FILMS, Folk Dancing and songs; hopefully an evening with famous Danish singer, movie star and entertainer POUL BUNDGAARD, an evening with BIRGIT LANGHAMMER who will provide further details and pictures outlining our Danish heritage in Alberta; then maybe a TREASURE HUNT at Fort Edmonton and a DINNER DANCE at the Edmonton Club similar to the one held in 1984.

SEE YOU ALL ON DEC. 8th!

Helene Nielson

The LEIF ERICSSON celebration at the Royal Viking was a complete sellout and success. We thank the Sons of Norway for the initiative and we look forward to arrange next years celebration.

Also our GENERAL MEETING went well and we thank all members who showed their interest in the club.

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Earlier this month Bjarne and Anna Kristensen of CALMAR BAKERY had the grand opening of their outlet in West Edmonton Mall, phase 2. Our club presented a nice flower arrangement and we highly recommend their delicious Danish cakes, pastries, cookies and rye bread.

\*\*\*\*\*

The radio program SPOTLIGHT ON SCANDINAVIA hosted by Knud Holm-Petersen has moved from it's Saturday morning spot to a Monday through Thursday position from 2:30 p.m. to 4 p.m. You will hear this fine program on CKER, 1480 on your AM

dial. Keep up the good work Knud!

\*\*\*\*\*

### THE NEW BOARD

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## Skandinavisk Canadisk Venskabsforening (SCV)

Scandinavian Canadian Friendship Association in Denmark has cancelled all future working relations with Hans H. Kristensen Travel Ltd. in Copenhagen due to many complaints from its members about poor or no service in 1985.

The association is in the process of arranging alternate travel opportunities at the cheapest price for its members. The details will be published in ScanCan News. There is a serious problem, however. The membership lists were kept at the of-

fice of Hans H. Kristensen Travel Ltd. in Copenhagen, and they refuse to release them to the organization. Therefore, many members may not receive the ScanCan News as they are used to.

Please let family and friends in Denmark know that they can contact SCV at this address:

Dalbygaard, Dalby, 6000 Kolding or phone (05) 529504, in order to get their news letter and information about 1986 flights to Canada.

## News from Hans Kristensen

Karen and Hans Kristensen are known to most of you, either as personal friends or as organizers of charter flights between Scandinavia and Canada for the past 21 years. Last year they were dealt an enormous blow. Two Danish counts, Preben Ahlefeldt and Chr. Lerche, who had been partners in Hans H. Kristensen Travel for several years, succeeded in taking over the entire corporation which had offices in seven countries. Since 1984 Hans Kristensen has had no influence on the direction taken by the companies bearing his name, it has all been

beyond his control.

The good news is that Karen and Hans opened a new agency in the U.S.A. on November 1st. It is called Kristensen International Travel & Tours. Another organization headed by Hans is International Agricultural Exchange Network, which facilitates exchange opportunities for young people from several countries. Although his former partners continue to do business in the name of Hans H. Kristensen Travel Ltd., Hans Kristensen or Karen have no association with the company.

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**STANLEY HAFSO**



# CHRISTMAS AT BOMBA

## A KARELIAN HOLIDAY CENTRE IN NURMES, FINLAND

There is always some specifically Karelian entertainment at the holiday centre in addition to the more usual varieties. You can dance to the rhythm of the orchestra every evening, but the "illatsut" a traditional kind of Karelian entertainment, makes a refreshing change. You can listen to songs, poetry and laments, or take part in games and folk dancing. Other activities, such as playing the "kantele", a Finnish zither, and demonstrations of baking and weaving, will be a constant feature as your day advances at the holiday centre. At Bomba house it is possible to see handicraft workshops for tourists, where, for example, a potter may make the old fashioned Karelian pots, jugs and whistles in the shape of roosters.

The Bomba kitchen specialises in traditional dishes and baking. In the restaurant, which can seat over 300, a buffet is set up for lunch and you

can help yourself to whatever you want. There is a choice of different kinds of pies and pastries, flat breads, fish, salted and cooked, "smetana", or sour cream, cooked meats, salads and grated raw vegetables. One of the hot dishes offered is always "Karjalan paisti" or Karelian hot-pot, a dish made of mutton, beef and pork and cooked slowly in the oven. Drinks include home-brewed beer, milk and buttermilk.

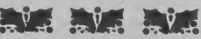
The menu also includes some dishes which even Karelians themselves are not familiar with. As a first course, for example, you can have either mushroom soup (wild mushrooms of course) or vegetable-beef soup. To follow, you may order ox cooked in delicious sour cream, pickered wrapped in cabbage leaves and roasted in the oven, steak on a wooden platter or a very Finnish dish, pork in gravy with onion flavored potatoes. For dessert why not try

blueberries with whipped cream or cheese baked in the oven and spiced with cinnamon.

Karelians make nearly a dozen different kinds of pies and pastries. The best known of these is the Karelian pastry, which you can buy from an ordinary grocer's anywhere in Finland. It has a rye flour crust rolled out thin and filled with either rice or potato (porridge). These pasties taste best if they are spread with a mixture of chopped hardboiled egg and butter. The Bomba house menu also includes "sultsinas", rolled pastry with rice or potato puree in the middle.

And if you are unable to visit Bomba house this holiday season, the best of Holiday Wishes to all the readers in any case.

HAUSKAA JOULUA KAIKILLE  
LUKIJOLLE. SEKA ONNELLISTA  
UUTTA VUOTTA.



# FINNISH SOCIETY

## ANNUAL MEETING

By Anja Sahuri

The Annual Meeting of The Finnish Society of Edmonton was held on October 16, 1985 at the Hungarian Cultural Centre.

The President for next year by Acclamation is Pentti Sipari, who also opened the meeting by thanking the membership for their support.

The Executive is as follows: Pauli Vanhala, Kati Vaisanen, Mikko Lindfors, Arvo Ruuth, Pasi Karsten, Judy VanEs, Ritva Haikarainen and Anja Sahuri.

The Chairman for the meeting, John Sahuri, was elected to represent The Finnish Society at the Annual Meeting of Shareholders of The Scandinavian Centre Co-op Association.

Bertha Rama was elected by acclamation to be our official Flower Girl for next year, which is the honour she has had for many years.

Auditors for next year will be Sirkka and Vilho Ristola and deputy auditors will be Toini Virtanen and Maria Utunen.

It was decided to increase the membership fee by one dollar per member to \$6.00 per year.

Anja Sahuri was elected again to be the correspondent for Scandinavian News, Vapaa Sana and other Canadian publications.

General discussion followed and the meeting came to a close at nine fifty with coffee and goodies, which were served to all those who were in attendance. 🍪

# HALLOWEEN PARTY

By Anja Sahuri

The Annual Halloween Masquerade of The Finnish Society of Edmonton was held on October 26, 1985, at the Hungarian Cultural Centre.

The attendance was not very good and it was almost definitely decided not to have this event next year. That is really a shame, because all the talent for dressing up might never be seen again. But nevertheless, supper was finger-licking good and all the cakes, pulla and coffee were really tasty and good.

The Judges had a very tough time this year as they must have had all the previous years, and after a lengthy deliberation they came up with the following winners: Leena Vanhala (a butterfly), Britta Karsten (Train Engineer), Sylvi Kankkunen (artist from Paris), Kati Vaisanen (artist's

girlfriend or model). In addition there was a punk-rock, over-sized carrot, street walker, good fairy, Care Bear, waitress, nun, cosack, hat etc.

The evening was enjoyed by all and the dancing was extended a little because of Alberta's daylight saving time. 🍷



**Wishing you and yours  
a Happy Christmas  
and  
a Prosperous New Year**

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# "SO DEEP ARE MY ROOTS"

By Astrid Hope

The Thirteenth Trollhaugen Language, Arts and Crafts Camp 1985, was held at Camp Kuriokos, on the beautiful shores of Sylvan Lake, August 18-25th. Olds Fjellsyn Lodge #591 sponsored the Camp, with John and Thordis Kamp, and Leif Terning being the organizers. 70 people registered for this family camp.

The steady stream of trailers and cars began Sunday from all over Alberta - Grand Prairie, Beaverlodge, High River, Claresholm, Calgary, Vermilion, Camrose, Hay Lakes, Manville, Edmonton, St. Albert, Red Deer, Carstairs, Olds and Warner. It was Registration Day - and, for many, a happy yearly reunion. There was an

age span of 85 years between the oldest and the youngest. The youngest was Elizabeth Logan, foster child to Louise and Roger Logan, aged 2, and the oldest was Mrs. Johanna Bolli, 87 years young, mother to Olga Terning.

Many children were present with their parents, a few second and third generations, grandmothers with their grandchildren, Johanna Nilsen and Ruth Wiebe; Grandmother Rye with daughter Agnes Janssen with her niece, Heide. This year 2 sets of identical twins registered: Carmen and Corinne Berg of St. Albert; Erin and Monica Olsen of Warner.

Trolls roam the woods



Six Viking Thralls

## Theme Reflected International Youth Year

This year, the theme was "So Deep are My Roots", chosen keeping in mind that the United Nations declared 1985 as International Youth Year, and in Alberta the theme developed and selected by Youth was "Alberta's Youth; Young and Alive in '85". It's a year to get young people

Youth) can provide for its preservation and growth, consequently enriching our lives in our homes, communities and country.

All participants were asked to do a little homework - that of bringing a chart or record of their family tree and any relevant photos.

On Monday, August 19th, and every morning following, it was 10

what we know as Scandinavia today. We have inherited great traits from the Vikings; much has been learned from Icelandic Sagas of their heroic deeds and their way of living. It is hard to understand the reputation they had for piracy and destruction, while at the same time appreciating their strong and beautiful culture -how they did not destroy western



Viking procession prior to meal

involved in their community and to recognize their contributions to society. This week at camp meant they could really get involved.

Day by day we dwelt upon our past heritage, progressing to the present to discover what impact it has made on our lives and the contributions and opportunities we (especially

minutes of aerobics before breakfast led by Brenda Kobberstad. Corinne and Carmen Berg were on stand-by.

## Viking Heritage

On Monday, we delved to our "deepest roots" by having a look at our Viking heritage. The Viking era encompassed the years 900-1100, in

civilization, but enriched it, and learned what great navigators, explorers, traders and settlers they were.

Their ship-building was the most advanced for their time. In fact the construction technique "lap-straka" is still used today. Leif Erickson is credited for exploring America, and Vikings left "roots" in Scotland, England, France, Russia and even the Orient and Africa. Their Stave churches built so long ago have withstood the ravages of time. Many are still standing today - mostly as museums. Their style of art has influenced wood and stone sculpture, jewellery, etc.. Beautiful chess-men carved from walrus ivory have been found in excavations. Checkers and dice games were popular in that day; in one of the sagas is the following verse -

There are nine skills known to me,  
At the chessboard, I am skillful,  
Good with snowshoes, rowing,  
shooting,  
Expert with harp and verse.

This Nordic race achieved the solid reputation for truth, honour and endurance, which is a very creditable thing for any Viking offspring. Viking boys were expected to be manly. They could swim, ride, hunt, fish, forge iron, tan leather, as well as handle weapons. Girls, on the other hand, were expected to be quiet and obedient. They could spin, weave, and do embroidery and they learned early to take charge of the household when the occasion arose or the men were away.

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Flag-raising ceremony - Leif Tarning at the flagpole

They lived a very simple life. The family was the most important group within the Viking Society and consisted of children, parents and grandparents.

There is so much to be said about our Viking heritage. This is only a beginning! Books, museums, excavations coming to light all the time. Jorvik Viking Centre, England, holds countless items. One has to visit these areas to capture the alluring era of the Vikings.

To celebrate the Viking heritage, a Viking meal was planned for supper. The Vikings were very hospitable people who never turned away a stranger. The host and hostess would

ing the big pot were two Vikings, (Lorin Vigen and Anders Nyhus) appropriately dressed in tunic, leather leggings, furs and helmet, leading the procession into the main hall. A few there were also dressed in Viking costume.

To greet us at the door were our 6 Trollaugen "thralls" (of good repute) to hand out the bibs. Dressed in white tunics were Linda Nyhus, Corrine Berg, Shauna Hulberg, Greta Reitan, Viva Arnston and Lois Anne Vigen. The slaves did well in serving the meal, along with lots of flat-brod and finger bowls following the dessert of stewed apples.

Entertainment in the Viking days

consisted of a saga-telling, Skalds (entertainers) with impromptu poems about those present and a singing minstrel. The minstrel would accompany himself on a harp; more elaborate entertainment would include a fiddle. The people greatly enjoyed singing and would join in with the soloist. At a dinner hosted by a wealthy person, fortune-tellers and jugglers would round out the evening. We rounded out our evening with folk dancing.

An elaborate Viking banquet or houseparty always included the presentation of gifts to the most prominent of those present, usually given on departure. An old proverb states

Folk-dancing group - 13-18 years



usually be at the door waiting for their visitors and would feed them with the very best (a trait that remains even today). Forks were not invented yet, so Vikings ate only with a knife or their fingers. Viking Kings or little Kings or any prominent figure always ate at the table farthest from the entrance; thus, if attacked by an enemy, there was always the chance they could be protected by their people. (This seems to be the forerunner of the popular headtable as we know it today).

Slavery, believe it or not, was already an institution during the Viking period. The old Norse referred to a slave as a "Thrall". Only the wealthy had slaves and could have as many as 20-30. Some became slaves because of debts or for crimes they committed. A female slave wore plain garments of white wadmél (a homewoven cloth) with colourful hand-embroidered belts and elaborate, intricate jewellery according to their wealth. A male slave had his face shaven and his hair cropped as a badge of servitude. If a "thrall" went with his master and when he met enemies killed one, he became free. During the 12th century, slavery declined and ceased to exist in Norway.

To start our Viking supper our Lobscause (Viking stew) was heralded in by a fiddler, Harry Huser. Carry-

"Gifts always look for return", and it was deemed dishonourable not to give a gift in return. Expensive gifts such as ships, white bears, oxen, horses and large amounts of wadmél (white wool) were given. Another proverb kept guests from overstaying their welcome. "A visitor must leave in time, not overstay his welcome".

### Celebrations

Tuesday, August 20th, was our day to celebrate "Festival Days". From the early days of immigration, certain important dates have always been celebrated. One of the most prominent coming out of Norway is "Sytende Mai" (May 17th). It is a very happy occasion as the people of Norway obtained their complete independence from their oppressors on that date. And celebrate it they do with bands playing and long processions of people in coloured bunads, carrying banners and proudly displaying their red, white and blue flags. In Oslo, the capital, a giant procession lines the main streets to parade in front of the King's Palace, where King Olav and his family come out to wave to his people. There are parades and there are parades down Norway's streets and in the countryside! The afternoons are geared to the children, mostly with sports, games, contests and picnics. In the evening there is feasting and dancing. There are speeches on the history of oppression and the happiness of complete independence. Celebrations carry on way into the night. It is a National Holiday!

At Trollhaugen we too celebrated the very important Syttende Mai. 11:45 a.m. was the time a procession, proclamation and flag-raising ceremony was to happen. Because of rain, our usual procession was dispensed with and instead our procession was from downstairs to the balcony upstairs (facing the flagpole), with Harry Huser and his violin in the lead and all paraders with a Norwegian and Canadian flag. Emil Dorin read the proclamation and while Leif Tarning raised the Canadian and Norwegian flags, "O Canada" and "Ja, vi elsker" were sung. Loud shouts of hip-hip-hurrah followed.

We had a splendid Syttende Mai Fest. Our supper included pork-chops, lefse and "gelekakke", and a Grand March initiated the evening of folk-dancing.

Other "Festival Days" of Norway are St. Hans Fest, June 24 (to be celebrated Friday), Julen (December 25th), Olsok (July 28th), as well as the important celebrations of birthdays, confirmations, anniversaries and baptisms (which we celebrated Saturday).

### Our Forefathers

Wednesday, another rainy day, had been chosen for the children to go to the Sylvan Lake Water Slide. There was a lot of excitement before they got away at 9:30 a.m., their classes postponed till the afternoon. They reported the water was lovely and warm - in sharp contrast to the much cooler air above it.

This day was designated to review "Legacy of our Immigrant Forefathers". Till now, they had skimmed the surface of our Viking Heritage and discovered the courage, perseverance, pride and stamina of their people... But today we concentrated on the Norwegians who migrated to America and the hardships they experienced. Leaving their homeland for an unknown country with only meagre belongings (and, if one can feature 97 days on the ocean on a rebuilt sloop "Restauration" in 1825), to settle in a new land; no home, no job, no tools, no money, just loneliness and a lot of hope. Having to cope with adverse weather conditions, illness and many other unexpected conditions - not the land of milk and honey they expected. With the inborn characteristics of Norwegians, they persevered, worked very hard, and, using the talents and materials on hand, were able to cope.

As years went by, homes were built, communities set up. When churches and schools were built, English became the language of their education. Their Norwegian Heritage was important to them - a heritage of Christian beliefs, personal piety and dignity, ideals of freedom and democracy. It produced honest, aggressive, independent citizens who were welcomed in the new land.

Norwegian pioneers were from all walks of life - carpenters, lumbermen, fishermen, pastors, etc. and they left an impact wherever they went. For example, skiing was born in Norway; in the beginning it was only a mode of transportation, which has now been transformed into a very popular sport.

**Continued on Page 8**

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## "SO DEEP ARE MY ROOTS" continued

Campers were asked to mark the places on the map where their forefathers came from. They came from all parts of Norway - the most northerly was Sortland while the most southerly was Mandel, westerly Maloy and easterly Mysen, although most of the concentration was around Oslo and the south-west.

Trollhaugen was honoured to have Rod Hdachi and his wife, from the Cultural Department at Red Deer, on Thursday afternoon. Thelma and Emil Dorin took them on a tour of the camp and they interviewed the instructors. On behalf of Trollhaugen, Thelma presented them with a gift of a rosemaling plaque (made by Anne Heggen, the rosemaling instructress). Harry Huser also presented them with a scrimshaw belt buckle and a chip-carved jewellery box he had made. Following the interviews, they had coffee and Norwegian baking in the main dining-room.

### Opportunities

"Youth Status of today" was reviewed on Friday, August 23rd. Never before have there been so many opportunities to participate in so many educational programs and to travel. Sons of Norway offered special Syttende Mai tours to celebrate its 90th year; this year there are classic fjord tours among many others. Sons of Norway announced this year a King Olav V Norwegian Heritage Fund for the benefit of anyone 18 years or older with a sincere interest in Norwegian heritage; for students interested in schools in Norway, Sons of Norway Foundation offer grants. There is the Astrid Gates Fund for only Son of Norway members, or children or grandchildren of S.N. members, 17-22 years of age, who may apply for a grant towards tuition in an accredited

college, university or vocational school. They have folk-school programs in different places in Norway, like Sandane in Nordfjord and Gjøvik at a Folkhøgskole, where Linda Nyhus and Lois Anne Vigen, respectively, attended this year.

Across the States many Norwegian Language Camps offer opportunities for the young, to name just a couple, Skogfjorden and Bemijji. There is one

aspects according to the theme for that week. As well, the University of Alberta and Grant McEwen College offer courses in language and literature.

### Our Thanks

Without the yearly substantial grants from Alberta Culture, this camp wouldn't be possible. The

associated with St. Hans. Trolls and goblins thronged the countryside. They seemed to have invaded Trollhaugen Camp too; in fact they were roaming about all week as peculiar happenings were reported from time to time. For example - cutlery disappeared and wouldn't be returned until they got their "rommegrot" at 5 p.m. that evening. The "mortals" succumbed to their wishes

13-18 and the adults in rosemaling. It is interesting how the most artful form showed up in the most unexpected, and they were given the most encouragement.

Harry Huser, was in charge of woodcarving in all age groups (except the under 10 group). Their project was chip-carving on photo frames. Astrid Hope was with the needlework section, and Ruth Dodd was her assistant. A hardanger embroidery suitable for framing was the project for the adults. The 13-18 years had Hardanger aprons to do for the coveted "Hardanger Cabbage Patch" Dolls. (Anne Heggen and Astrid Hope made the bodies and the rest of the clothes beforehand.) Both groups also did quilting, (pioneer craft) of place-mats and pot-holders. Alke serviette rings were made to the design of their choice. Some who were ambitious made a folk-couple in "diamonds".

There were cooking classes conducted by Olga Terning, Marguerite Rye and Thelma Dorin, with a few helpers. Great interest was shown in ethnic bakings - even the boys got their lefse sticks turning over the sheets. Stacks of flat-brod and lefse were cooked, plus krumkaker, fattigmand, rosettes, sot-suppe, Norske Kjøttboller, sils, surkaal, rommegrot, and kransekaker (made by Thelma Dorin). Two new items were added to their cookery, prem and komle. A recipe booklet typed by Solveig Nordhagen was given to each family.

Folk-dancing instructors were Lynn Sorodal and Lillian Sveen who came out every evening from Red Deer. Lillian Sveen and Tammy Anderson instructed the very young.

Louise Logan was in charge of the under 9 years crafts and games etc. They made delightful little stone trolls and cigar-boxes into seed decorated what-nots. They each kept a diary of every day and also made a family tree. Each night, weather permitting, storytelling or games would happen by the bonfire. Brenda Kobberstad supervised the land sports while Lois Anne Vigen did the water sports. There was one special day for canoeing, otherwise swimming was always popular.

Brenda, besides being our exercise instructor, was the camp nurse. She reported a few minor cuts and bruises and a considerable number of bee-



Audience for the program

also in B.C.. In Alberta, Trollhaugen Language Arts and Crafts Camp offers yearly one week of concentrated instruction. It began in 1973 and has the unique reputation of being the only family camp. Here is the golden opportunity to learn the language, embroideries, rosemaling (folk-art painting), woodcarving (chip-carving), cookery, and folk-dancing, also to relive and experience many cultural

Camp is also indebted to Torske Klubben who originally sponsored it and continues to do so, and all the Lodges who have given generous financial help for the operation. The Fourth District also have sent a yearly grant upon request. The young need to be mindful and very thankful for all the privileges and opportunities open to them. I must add that all instructors give voluntarily of their time and talents for a busy, fun-packed week.

We celebrated St. Hans, also called "Mid-summer Festival", on Friday, August 23rd. This event is still celebrated in Norway much as it has been for hundreds of years.

The festival was originally held in honour of the sun. In many parts of Norway there is scarcely any sunlight during the winter months, so when the sun changes to its summer solstice there is great excitement. There are many folkloric beliefs

and the cutlery was returned.

We had a lovely day for the outside barbeque. It kept William Ayre and Kirby Short busy cooking hamburgers to keep up to the demand. There was a huge selection of items to dress up the hamburger, each to his own liking. We had a novel dessert - a scoop of ice-cream on an oatmeal cookie.

### Classes

All during the week the important language classes took place in 3 different levels. Solveig Nordhagen taught the beginner adults; Louise Johnson taught 6-8 years, 9-12 years and 13-16 years; Kris Nyhus taught 17-18 years (in 2 lots) and the advanced adults.

In the craft department Agnes Janssen instructed the 10-12 years while Anne Heggen instructed the

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bites. One participant kept on going despite a dislocated shoulder (kept in a sling).

Our main cook for all those delectable meals was again Elaine Ayre. Our M.C. during the week was Emil

Monica Olsen; Sister (13 years) Anita Dodd; Sister (6 years) Amanda Hilderman; Godfather - Danny Lein; Godmother - Carmen Berg. Play written by Bea Huser for Trollhaugen '82.

Emil Dorin was the M.C.. A few

words were spoken by Ruth Dodd, President of Fjellsyn Lodge, and Arne Johannessen, Norwegian Consul.

Following the program everybody proceeded to the Main Hall for the Reception. The first course consisted

of punch and rommegrot followed by pickled herring, roast pork, salads, including surkal, and for dessert sot-suppe.

Following the supper draws were made — Solveig Nordhagen won the Akle cushion, Johanna Bolli won the chip-carving jewelry. Prizes were given to the girls with the best marks for the week's room inspection. Avis Vigen's best talk on table name description (Thor) won for her table. It seemed that everyone did spend a lot of time and effort getting their information.

People were just content to visit following supper. The evening ended with a cup of coffee and Norwegian goodies. Many said their farewells that evening — reported many a tear-drop did fall — as many a friendship was formed. The rest left Sunday morning.

On behalf of Trollhaugen "mange akk" to all who in any way contributed to the success and making it all possible.

*(Most of this write-up was taken from Astrid's "Mini-talks of the 3y".)*

### Scandinavian Heritage Society of Edmonton

The Scandinavian Heritage Society has been in existence for a year now. It was incorporated November 20, 1984 as a non-profit organization for the Scandinavian ethnic societies in Edmonton, and is represented by members from the Norwegian, Swedish, Finnish, Icelandic and Danish lodges. The Society plans the Scandinavian sector of the annual Heritage Festival at Hawrelak Park, which showed a \$2,500.00 profit in 1985. They arranged for the grants for the costumes and music for the Valhalla Scandinavian Folkdance Group, which now represents most of the Scandinavian groups.

At the second annual meeting of the Society on November 12, 1985, the following directors were elected to serve for the coming year: President - Ken Domier, Vice-President - Kai Lynge, Secretary - Carol Banks, Treasurer - Linnea Lodge.



**Baptism ceremony**

Dorin, who led every meal with "bord-bonn" and tried to keep operations going in an orderly fashion.

**And The Last Day**

The last day came around so soon. The chapel was transformed for viewing of all the crafts, while Language displays could be viewed in the games room. The program started at 4:30 p.m. with each group doing their folk-dancing routines outdoors on the tennis courts; it was a very colourful display of costumes and talent. Many "bunads" were seen in the audience too. Guests then moved to the Chapel for the skit "Daabspakt paa Gamle Kirken" (Baptism in the Old Church).

The first scene is in an old-fashioned Norwegian main room with Great-grandmother at the spinning-wheel, mother sitting in a rocking chair rocking the baby (a doll dressed in christening gown). Members of the family enter and start bickering about what to name the baby. Each has a reason for naming him. Little sister finalizes the family argument by saying she's going to call him "Lille-bror" (little brother). The second scene is in church where the Christening takes place, and the baby takes on all the names in dispute. Members of the cast were: Minister - Anders Anderson; Mother - Deanne Campbell; Father - Jason Hilderman; Grandmother - Greta Reitan; Grandfather - Loren Vigen; Great Grandmother -

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# The Vasa Order of America

By Verna Larson, Cultural Leader,  
Vasa Lodge Skandia

In the early 1800s there were many Swedish societies functioning throughout the United States of America as independent groups to provide financial assistance to their members. These energetic pioneers felt the importance of grouping together to help each other in times of need, sickness and death.

On September 18, 1896 four of these societies united and formed District Lodge Connecticut #1, and the Vasa Order of America was born. They chose the name Vasa to honour King Gustav Vasa of Sweden whose leadership brought prosperity and power to Sweden. In 1897 the Grand Lodge of the Vasa Order of America was instituted, and the incorporation of the Grand Lodge in the State of Connecticut was approved by the State in 1899.

The aims and purpose of the Vasa Order are exactly the same today; however, more emphasis is now placed upon heritage and cultural aspects.

## Introduction of the Vasa Order to Sweden

In 1924 a Vasa children's visit to Sweden was arranged by Dr. and Mrs. Johannes Hoving, who had emigrated to America at the turn of the century. Dr. Hoving practiced

medicine in New York and played an important part in the Swedish colony in that city. They became ardent Vasa members. His wife, Helga, had been a well-known actress in Sweden, and it was she who first organized children's clubs within the Vasa Order. She thought it a good idea to arrange a children's visit to Sweden.

At that time there were no Vasa members in Sweden to receive them; however, arrangements were made through the "Riksforeningen for Svenskhetens Bevarande i Utlandet" (Government organization for the protection of Swedes in foreign countries). The group travelled by boat and landed in Goteborg. The reception committee in Goteborg became so enthused over this undertaking that some of the members decided to request a charter for a Vasa Lodge. This request was granted and on September 4, 1924, the first Vasa lodge on Swedish soil was organized. Suffice to say that besides charitable acts, the Lodge has served as reception hosts to many children's tours and to many Vasa Charter Flights.

## The Vasa Order in Canada

The first Canadian branch of the Vasa Order of America was organized in Winnipeg in July of 1913 by Andrew Horngren, District Master of

Minnesota, and was named after the Famous Swedish author, August Strindberg. Skandia Lodge No. 549 was organized in November, 1929.

The organization of the Vasa Order is similar to our government. The local lodge, such as our own Skandia Lodge, can be compared to a city, with its own officials and governing body; next is the District Lodge which is the equivalent of a Province in our government, and the Grand Lodge would compare to the level of the Federal Government at Ottawa.

Vasa is:

- Love for the land of our birth, or that of our forefathers.
- Respect for its culture.
- Pride in the heritage of our forefathers.
- Desire to be mutually helpful to those who encounter illness and trouble.
- Awareness of the contributions made to this new country by our forefathers.

## Vasa Lodge Skandia

By Kaye Kerr

Vasa Ladies met on October 28th at the home of Sid and Rosalund Johnson. There was a discussion on the successful smorgasbord which was held in the Club House at Vasa Park. Thanks to all the ladies who assisted with the Smorg. The next meeting will be on November 18th at Evelyn Johnson's home.

We are sorry to hear Astrid Winquist is in the Royal Alexandra Hospital. We wish Astrid a speedy recovery.

## Social Security Agreement signed between Canada and Norway

OTTAWA — Health and Welfare Minister Jake Epp and the Minister of Health and Social Affairs of Norway, L.A. Heloe, today signed a reciprocal Agreement on Social Security between their two countries.

The Agreement with Norway will coordinate the operation of Canada's Old Age Security program and the Canada Pension Plan with those Norwegian programs which provide old age, disability and survivor's benefits. As many as 200 people may become eligible for Canadian benefits as a result of this Agreement.

Both Canada and Norway have minimum residence and/or contributory conditions for individuals to qualify for social security benefits. Persons who migrate between the two countries may not have sufficient periods in either country to qualify for benefits. Under the terms of the Agreement, persons who reside, or have resided, in Canada and Norway will be able to combine periods of residence and/or contributions in both countries in order to satisfy minimum

eligibility conditions for benefits from one or both countries. In this way, persons will now be assured social security protection.

Once eligibility has been established, the Agreement provides a means of calculating the amount of benefit to be paid by each country in accordance with its own legislation. The amount of benefits payable is determined on the basis of the periods of residence or contributions credited to the individual in each country.

The Agreement will come into force as soon as both countries have completed the ratification procedures required by their respective laws. Similar agreements are already in force between Canada and France, Greece, Italy, Jamaica, Portugal and the United States. Agreements with Barbados, Belgium, Denmark and Sweden are expected to enter into force in the near future.



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# Torske Klubben

By Bob Burt

The October meeting of Torske Klubben members was well attended by torske lovers and their friends. All set to and really enjoyed the Black Cod, potato and carrot supper with all the trimmings; as usual Akvavit was one of the most popular items served.

Boss Kaare Hellum carried out his ritual "Velkommen til Torske, Har du god mat lyst? Liker du aquavit?", followed by the introduction of guests. The usual reports were given — Don Sjolie with his financial report, Sports announcements, and Sons of Norway activities.

Following the supper, guest speaker Rein Selles, Director of the Alberta Council on Ageing spoke on Planning for Retirement. Although there were a number of retired members present, others soon became interested in the topic. One quote was "A successful retirement just does not happen, it must be planned". There can be retirement securities, hobbies, choosing an After Retirement job to work on, etc. Prepare yourself for the change and look forward to retiring. Keep young and be a millionaire!

Everyone left with a light heart looking to the future when they could do what they just didn't have time for now.

Next meeting of Torske was set for Nov. 5th same time, same place, same company.

Sixty of the most active members and their friends gathered Nov. 5th at the Saxony Inn to partake of their monthly torske.

They were welcomed by Boss Kaare with "Velkommen til torske og akvavit Hoper dere har god matlyst og at dere tar en tar attat." After the telephoners were thanked, it was announced that the December 7th meeting will be Ladies' Night, and that phoning and commitment must be early.

Reports were made on finances, Sons of Norway business, and the Winter Games which will be held next February in Grande Prairie, and at which we will all have to get behind the good of the cause and win!

The old Scandinavian Railroad is still in good working order. An election of New Officers was held. All the past years' executive allowed their names to stand. New Boss is Kaare Hellum; Secretary Al Letendre; and Treasurer Don Sjolie. The Audit Committee named include Wally Broen and Doug Peterson.

Torske Klubben has requested that members sign to work at the Casino which will be held Jan. 3 & 4th. The Manager is Al Letendre while the

Treasurer is Don Sjolie. See you there!

Dennis Lindberg introduced the guest speaker, Dr. Dave Sego, Professor of the Department of Civil Engineering. Dr. Sego introduced his topic by saying that he travelled in Norway and was interested in the land formations of the Trondheim area. He was fortunate in obtaining an excellent film on the mud slides which destroyed farm lands in that area and those present were able to view the Rissa Slide of 1978. Those areas near Leira suffered the slide which took one life and five farms before it was over. Through experiments it was found that salt put back into the clay solidified the silt, thus preventing a recurrence. It was encouraging to hear that the affected land was recovered and restored to its former use.

Dr. Sego was thanked by Doug Peterson on the excellent presentation, and was presented with a bottle of akvavit.

The next gathering of the Torske Klubben will be Dec. 7th at which time it will be LADIES' NIGHT. Guest speaker will be Betty Hewes.

## Winnifred Nielsen

Winnifred Nielsen of 13319 - 116 Ave., Edmonton, passed away suddenly on October 9, 1985, while on a bus tour to California.

Winnifred was born and educated in Edmonton. She became a teacher and taught in Edmonton schools, and at the time of her retirement was Assistant Principal at Jasper Place Composite High School. Winnifred became a member of Sons of Norway, along with her husband, in 1966. She took an active part in the activities of the Lodge and also participated in bowling. As well she belonged to the Women's Canadian Club.

In spite of having a cardiac condition for many years, Winnifred was enjoying her retirement and doing some travelling. She had been to Norway twice in her lifetime.

Winnifred is survived by her beloved husband, Fred; two neices and two nephews, also grandnieces and grandnephews. Memorial services were held October 15th, 1985 at First Presbyterian Church, 10025 -105 st.

Winnifred will be greatly missed by Sons of Norway members, friends and relatives.

## In Memoriam

## Gid Garstad

Olav Gerhard (Gid) Garstad of Okatoks passed away at the Calgary General Hospital following a lengthy illness, on October 9th, 1985.

Gid was born in Consort, Alberta, September 11, 1936 to Magna and Olav Garstad. His early years were spent on a farm nestled in the Nose Hills north of Veteran, Alberta with his six brothers, Joe, Einar, Ray, Mark, Dave and Howard and his two sisters, Agnus and Elsie. In 1958 Gid married Theresa Schmitt and over the next ten years they had three children, Grant, Zane and Wanda.

Gid started in rodeo in 1955 and during his extremely successful career, was five-time Canadian Bullriding Champion: a three-time Calgary Stampede Bullriding Winner

and a qualifier in the 1965 National Finals Rodeo. Gid was honoured by his rodeo peers in 1970 when he was named the first recipient of the C.N. Woodward Cowboy of the Year Award. He was also the first recipient of the Guy Weadick trophy.

Since retiring from rodeo in 1973, Gid has lived and worked in Southern Alberta as a rancher, farrier and horse-trainer, as well as owning and operating a trucking business that transported exotic cattle throughout Canada and the U.S.A.

Gid's father, Olav, predeceased him in March, 1953.

Funeral service at Snodgrass Funeral Chapel, High Prairie, Saturday October 12th - interment Okotoks Cemetery.

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## Solglyt Spotlight continued

# Leif Erikson Fest a Huge Success

One hundred and fifty members and guests of both Sons of Norway and the Danish Canadian Friendship Club attended the Leif Erikson Fest Oct. 26th at the Royal Viking Restaurant. Honoured guests included the Norwegian Consul Arne Johannessen, the Danish Consul Donn Larsen; the Icelandic Consul Al Arnason; the President of the Danish-Canadian Friendship Club; President

these new Canadians and Peter has since become a member of the Sons of Norway; they were originally from Bergen, Norway.

\*\*\*\*\*

Astrid Hope travelled to Govan, Sask. recently to celebrate her mother's 89th birthday. Later, she travelled to visit Mrs. Lydia Tagseth again, and to be present at the



Peter Broen as Leif Erikson

of the Sons of Norway Solglyt Lodge Kris Nyhus; the S/N Queen Linda Domier, Peter Broen as Leif Erikson; and guest entertainer Jim Nelson, Language Professor at Camrose Lutheran College, who rendered many Norwegian songs during the meal.

The Mistress of Ceremonies for the evening was Betty Broen. Wally Broen entertained with accordion and songs, one of which was the Salute to Leif Erikson by Selma Sorenson. Much of the credit for the success of the evening goes to Selma Sorenson and her workers.

Table grace was sung by A. Janette Burt; the Salute to Leif Erikson was made by Ken Domier; and each of the Consuls present gave a short talk. Tables were decorated with Viking ships loaded with "vinland" grapes, flowers and Norwegian flags. The waitresses and wine ladies were in Norwegian Slave Costume, contributing to the atmosphere. An eleven-course Viking dinner was served in Scandinavian style.

Jim Nelson entertained with song throughout the meal, and later entertained with dance music; Irene Hovde rendered numerous Norwegian airs.

A tremendous amount of work went into the planning and promotion of the evening which was greatly enjoyed by everyone.

\*\*\*\*\*

On September 23rd Sons of Norway were hosts at the Court of Citizenship when sixty candidates received their Citizenship. Anna Marie Waldmo and Astrid Hope served an assortment of pastries and coffee, donated by several Sons of Norway members, to about 75 persons. Peter Julie Bo and his wife were among

celebration of Norrona's 75th anniversary at Bulyea, Sask. church of her childhood. It was interesting to meet older friends and relatives.

\*\*\*\*\*

Harry Huser was among the many wood-carvers in an exhibition and competition held at Victoria composite High School on October 19 and 20th. Harry had his beautiful "kubbestol" there among other very fascinating works.



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# The Valhalla Scandinavian Folkdancers

The group is now representative of most of the Scandinavian groups, and is still meeting on Thursday evenings from 7:30 to 9:30 p.m. at McKay House. A number of new members have been in attendance during the fall period, and Sons of Norway is still well represented.

Since the highlight of the summer, the twelve performances by the group at the annual Heritage Festival, the club has taken part in demonstrations at the Camrose Lutheran College's 75th anniversary on September 21, and at Camrose Bethany Lutheran Nursing Home on the same day, and the Millet Hostfest celebrations on October 12. From the evening of October 18th, to the late afternoon of October 20, a good representation from our group attended the folkdance workshop sponsored by the Red Deer dance group in Red Deer. Some of the steps that were demonstrated by instructor Gordon Tracie from Seattle, were hambo, hambo-polska, polska and various original steps from rural Sweden.

On October 27th, six members including Kris Nyhus, Stan Johnson and Linda Domier took part in a mini-demonstration and workshop sponsored by the International Folk Dancers at the University of Alberta.

On December 8, the dancers will take part in the Scandinavian program at the Provincial Museum at 2 p.m.

Anyone interested in attending our Thursday evening sessions can still phone Kris Nyhus at 487-1450 or Louise Johnson at 483-8232.

\*\*\*\*\*

A CHRISTMAS PROGRAM will be held at the PROVINCIAL MUSEUM December 8, 1985 at 2 p.m. The one-hour program will include the Valhalla Dancers, Icelandic singers, Finnish singers, Sons of Norway Freeloaders, and the Swedish Santa Lucia singers. A Scandinavian display will be at the Provincial Museum from December 1, 1985 to January 6, 1986.

\*\*\*\*\*

## U of A Scandinavian Club

The University of Alberta SCANDINAVIAN CLUB is alive and well during this, its third year of existence. This year, as in the past, the club is working hard to promote interest and awareness of Scandinavian culture. Based on the university campus, the Scandinavian Club strives to provide opportunities for interested people to become involved in language study, folk-dancing, cultural events, special guest lecturers (sponsored by the Scandinavian Department, U of A), films and contacts with other Scandinavian societies such as Sons of Norway and Dania Society.

Thus far, the club has had several meetings, an executive election and a wine and cheese party. Up and coming events include a Julefest (Christmas Party), on December 6, 1985, the annual foodfest at the end of February, 1986, a work/travel/

study seminar, a Jim Nelson concert and a bake sale. Information about these events may be obtained by phoning Janina or Randy Carlstad at 452-4670.

The Scandinavian Club welcomes all people who are interested in: furthering their cultural experiences and knowledge, practicing speaking the

languages and meeting other people with similar interests. Members do not have to be of Scandinavian descent, nor do they have to be university students. People who are not members but may be interested in participating in a particular event, are most welcome.

Janina Carlstad, president.

## JOULU YO

Joulu yo - Joula yo  
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